

Subject Specific Vocabulary Progression

Unit/Area of Learning	Class R	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
Me and my relationships	special practice effort same different favourite family help special people friends feelings happy sad emojis kind helpful	rules safe responsibility work together body language emotions safe support behaviour hurt heal friendship making up listening	caring friendly showing feelings bullying teasing repeated regular	cooperate collaborate falling out making up compromise conflict point of view dare persuade continuum opinions respectful courteous challenging strategies point of view calm apologise	unkind tease bully pressure independent facial expressions body language physical effects collaboration collaborative teamwork rude aggressive consequences face-to-face assertive respectful positive, healthy qualities excluded negotiate devastated	negotiation resolution insensitive sensitive unhealthy relationship verbal abuse physical abuse sexual abuse uncomfortable touching unsafe assertive passive aggressive non-verbal tone of voice	privacy settings identity theft secure privacy settings identity theft secure appropriate inappropriate illegal marriage civil partnership forced marriage negotiation
Valuing differences	special likes dislikes favourite same different kind unkind family home kindness new friend	same different difference respect unkindness tease teasing bully bullying behaviour rules safe	unique respect behaviour calm aggressive solve feelings cooperate kindness feelings listening being listened to	adoption fostering same-sex couple blended family community belonging cooperation listening skills politeness courtesy manners similarities	Stereotype Apologise sharing acquaintances body space invade negotiation compromise	excluded discrimination prejudice metaphor diverse multicultural society sex sexual orientation gender identify gender expression embarrassed reactions	gender stereotype media influence assumption cultural norms empathy witness bystander

	friendship	fair special people qualities feelings fair unfair bullying	problem	differences identity name calling prejudice disability gender race colour sexuality		consequences	
Keeping myself safe	keep clean keep safe sleep water food fresh air cuddle medicine chemist doctor grown up safe unsafe detective tummy feelings uncomfortable worried tell adult trust address	energy oxygen exercise healthy dairy fruit vegetables sugar salt cereal meat rest grow tired feelings worried nervous scared support unsafe emotions loss lost medicine safe harmful	safety getting help touch uncomfortable hurt surprise secret genitals consent permission	danger (dangerous) risk (risky) strategies consequence drugs cigarettes nicotine alcohol browsing phishing search engine fake news internet safety public profile personal - information decisions strategies helpful instructions	influence consequences persevere choices social norm dare assertive privacy privacy settings security danger dangerous hazard hazardous	habit addiction cyberbullying pressure resist pressure assessing risk risk taking norms perception	social media parental consent trolling online safety sharing illegal sexual images legal medical non-medical drug laws age restrictions penalties short-term effects long-term effects

		responsibility private trust privates					
Rights and responsibility	family friends working together look after responsibility help each other helpful be alone caring environment litter electricity pollution recycling money shop buy cost pay save safe place	hygiene routine clean environment responsibility needs responsible responsibility rules money cost bills spending afford money bank coin note worth saving safe first aid risk accident danger hazard	share take turns listen feelings control erupt uniform environment	volunteer wellbeing helper healthy fact opinion waste income earning	income tax national insurance VAT deductions public services expenditure essential conservation anti-social behaviour witness influence opinion respectful courteous democracy reliable trustworthy	biased unbiased duties voluntary group community group pressure (action) group wages salaries rent Fair Trade borrow loan credit debit interest public services council vote elections councillors	proposal amendments penalties enforcement majority House of Commons House of Lords Royal Assent democracy manifesto candidate voting policies voting booth ballot slip ballot box constituencies MP environmentally -sustainable composting recycling transport shop local food miles

		kettle burn scald accident emergency					campaign bid mission statement pitch grant beneficiary tax (PAYE) VAT bank (building society) account Junior ISA interest debit card
Growing and changing	seasons spring summer autumn winter cycle growing life cycles baby child teenager adult old age family baby love care grow private parts penis vagina	organ heart lungs intestines brain stomach oxygen digested caring attention change growing tease teasing bully bullying witness experience getting help surprise secret uncomfortable privates hygiene	change loss feelings emotions frightened nervous rest sleep unique special testicles nipples genitals privacy consent permission first aid risk accident danger hazard kettle safe burn	relationships positive healthy trust caring personal space body space invade stop respect touch secret surprise feelings uncomfortable angry upset jealous worried excited scared talk egg sperm	marriage live together civil partnership forced marriage secret surprise puberty menstrual cycle eggs periods menstruation sanitary pads tampons menstruation cup puberty pubic hair eggs sperm testicles breasts ovaries womb vagina labia	wellbeing resilience trust resilience unwanted attention unwanted touch separation fostered vaginal opening urinary opening scrotum foreskin anus wet dream erection stretch marks crush genitalia semen mood swings prejudice biological sex sexual orientation gender identity	HIV infection immune system virus transmission sexual contact condom embryo womb sexual intercourse consensual surrogacy adoption IVF age of consent FGM media manipulation stereotype peer pressure body image self esteem manipulation

			scald accident emergency	puberty period ovary fallopian tube uterus (womb) lining vagina sanitary pad tampon menstruation cup	compromise hormones	gender expression verbal abuse physical abuse	
Being my best	bounce back encourage try again food energy exercise grow sleep healthy wash fruit vegetable dairy heart muscles routine calm sleep	starchy dairy protein fruit vegetables vitamins portion healthy fruit vegetables dairy meat sugar salt cereal germs disease hygiene spread learning practice make mistakes confidence achievement praise support feedback encourage	practice encourage goal achieve challenge unhealthy vaccination injection disease hygiene germs teeth dental hygiene oxygen water rest brain heart lungs stomach small intestine large intestine	balanced diet proteins muscles bones starchy carbohydrates energy infection cleanliness medicine drug dose safety instructions debate discussion continuum courteous respectful justify goals ambitions improve achieve collaboration cooperation teamwork goal-setting	first aid injury minor accident emergency blood nose bleed choking breathing airway unresponsive casualty burn scald wound recovery refuse reduce re-use rot recycle repair re-think wellbeing mental health individual unique	healthy choices organs body systems perseverance commitment resilience determination patience interpersonal skills community school community independence personal qualities celebrities	Red Cross first aid emergency 999 ambulance operator feelings responsive unresponsive dilemma risk assess aspirations

		feelings behaviour consequences special person promise		talents skills intelligence			
--	--	--	--	-----------------------------------	--	--	--