



# Autumn / Winter Menu



W.C 03.11.25      24.11.25      15.12.25      05.01.26      26.01.26      09.03.26

2025 - 1 <small>Pod</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Cheese and Tomato Pizza Slice with Peas and Sweetcorn (v)	Ham and Cheese Turnover with Mashed Potato and Mixed Vegetables	Breaded Chicken Fillet with Crispy Cube Potatoes and Baked Beans	Roast Pork Slice in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots	Salmon and Sweet Potato Fish Cake with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	Fuel Up Frittata with Peas and Sweetcorn (v)	Tasty Quorn Sausage with Mashed Potato and Mixed Vegetables (vgn)	Vegetable Nuggets with Crispy Cube Potatoes and Baked Beans (vgn)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Diced Carrots (vgn)	Classic Macaroni Cheese with Garden Peas (v)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)
	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)
<b>*Free From</b>	Gluten Free Tomato Pasta with Peas and Sweetcorn (vgn)	Roast Chicken Fillet with Mashed Potato and Mixed Vegetables	One Pot Winter Wonder Veggie and Bean Stew with Crispy Cube Potatoes (vgn)	Roast Pork Slice in Gravy with Roast Potatoes and Diced Carrots	Chicken Goujons with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Packed Lunch</b>	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit
	<b>Option B -</b> Soft White Egg Mayo Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Ham Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Tuna Mayo Roll, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Chicken Mayo Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Ham Roll, Raisins, Apple and Pudding of the day or Fruit
<b>Pudding</b>	Fruit Yoghurt(v) or Fruit (vgn)	Fruit Salad (vgn) or Fruit (vgn)	American Pancake with Salted Caramel Drizzle (v) or Fruit (vgn)	Mini Ring Donut (v) or Fruit (vgn)	Banana Whip (v) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

**Please see online for full information of ingredients/allergens contained in the meals and puddings**



**Key Dates to remember:**  
**Christmas Dinner - please check online or with your school for the date**  
**Christmas Dinner will be held on**



[www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

KingswoodKitchen / Kingswood Education Catering Ltd





# Autumn / Winter Menu



w.c 10.11.25

01.12.25

12.01.26

02.02.26

23.02.26

16.03.26

2025 - 2 <small>Pod</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Cheese and Tomato Pizza Slice with Baked Beans (v)	Chicken Korma Curry with Rice and Garden Peas	Pork Meatballs in Homemade Tomato Sauce with Pasta and Mixed Vegetables	Roast Chicken in Gravy with Yorkshire Pudding, Roast Potatoes and Green Beans	Fish Star with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	One Pot Cowboy Camp Stew with Sweetcorn (vgn)	Classic Macaroni Cheese with Garden Peas (v)	Plant Power Balls in Homemade Tomato Sauce with Pasta and Mixed Vegetables (vgn)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Green Beans (vgn)	Crispy Vegetable Nuggets with Chips and Garden Peas (vgn)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)
	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks (v)	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks (v)	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)
<b>*Free From</b>	Gluten Free Pesto Pasta with Carrot and Cucumber Sticks (vgn)	Vegetable Coconut Curry with Rice and Garden Peas (vgn)	Vegetable Biryani with Mixed Vegetables (vgn)	Roast Chicken in Gravy with Roast Potatoes and Green Beans	Chicken Goujons with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Packed Lunch</b>	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit
	<b>Option B -</b> Soft White Egg Mayo Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Ham Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Tuna Mayo Roll, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Chicken Mayo Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Ham Roll, Raisins, Apple and Pudding of the day or Fruit
<b>Pudding</b>	Mini Chocolate Chip Muffin (v) or Fruit (vgn)	Fruit Salad (vgn) or Fruit (vgn)	Apple Crumble with Evaporated Milk (v) or Fruit (vgn)	Belgian Waffle (v) or Fruit (vgn)	Strawberry Jelly (vgn) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

**Please see online for full information of ingredients/allergens contained in the meals and puddings**

**Key Dates to remember:**

**Christmas Dinner - please check online or with your school for the date**  
**Christmas Dinner will be held on**



[www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

KingswoodKitchen / Kingswood Education Catering Ltd





# Autumn / Winter Menu



w.c 17.11.25

08.12.25

19.01.26

09.02.26

02.03.26

23.03.26

2025 - 3 <small>Pod</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Cheese and Tomato Pizza Slice with Baked Beans (v)	Crispy Chicken Goujons with Rice, BBQ Dip, Peas and Sweetcorn	Pork Sausage in Gravy with Mashed Potato and Green Beans	Roast Chicken in Gravy with Yorkshire Pudding, Roast Potatoes and Mixed Vegetables	Fish Fillet with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	Plant Power Sausage Roll with Baked Beans (vgn)	Crispy Vegetable Nuggets with Rice, BBQ Dip, Peas and Sweetcorn (vgn)	Tasty Quorn Sausage in Gravy with Mashed Potato and Green Beans (vgn)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Mixed Vegetables (vgn)	Cheese and Tomato Panini with Chips and Garden Peas, Tomato Ketchup (optional) (v)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)	<b>Option A -</b> with Grated Cheese, Carrot and Cucumber Sticks (v)
	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)	<b>Option B -</b> with Tuna Mayo, Carrot and Cucumber Sticks	<b>Option B -</b> with Baked Beans, Carrot and Cucumber Sticks (vgn)
<b>*Free From</b>	Vegetable Cottage Pie with Baked Beans (vgn)	Vegetable Chilli with Rice, Peas and Sweetcorn (vgn)	Chicken Fillet in Gravy with Mashed Potato and Green Beans	Roast Chicken in Gravy with Roast Potatoes and Mixed Vegetables	Chicken Goujons with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Packed Lunch</b>	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Wholemeal Cheese Sandwich (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option A -</b> Soft White Cheese Roll (v) Raisins, Apple and Pudding of the day or Fruit
	<b>Option B -</b> Soft White Egg Mayo Roll (v) Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Ham Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Tuna Mayo Roll, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Wholemeal Chicken Mayo Sandwich, Raisins, Apple and Pudding of the day or Fruit	<b>Option B -</b> Soft White Ham Roll, Raisins, Apple and Pudding of the day or Fruit
<b>Pudding</b>	Mini Blueberry Muffin (v) or Fruit (vgn)	Fruit Salad (vgn) or Fruit (vgn)	Belgian Waffle(v) or Fruit (vgn)	Strawberry Jelly (vgn) or Fruit (vgn)	Mini Jam Donut(v) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

Please see online for full information of ingredients/allergens contained in the meals and puddings



**Key Dates to remember:**  
**Christmas Dinner - please check online or with your school for the date**  
**Christmas Dinner will be held on**



[www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

KingswoodKitchen / Kingswood Education Catering Ltd

