KINGSWOOD
EDUCATION CATERING LTD.

01536 201203
www.kingswoodcatering.co.uk

TRIP PACKED LUNCH INFORMATION – 2026

ITEM	INGREDIENTS
Roll	**WHEAT** Flour **GLUTEN** (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Sugar, Salt, Yeast, Dextrose, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E92 May contain **SESAME**
Wholemeal Bread	Wholemeal Flour (**WHEAT**), Water, **WHEAT** Protein, **GLUTEN** Yeast, Granulated Sugar, Salt, **SOYA** Flour, **WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Preservative (E282), Emulsifiers (E471, E472e), Caramelised Sugar, Vegetable Oil (Palm, Rapeseed), Flour Treatment Agent (Ascorbic Acid).
Spread	Water, Vegetable Oils (Sunflower Oil, Palm Oil), Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids, Polyglycerol Polyricinoleate), Preservative (Potassium Sorbate), Acid (Citric Acid), Natural Flavour, Colour (Beta-Carotene), Vitamins (A, D).
Cheese	Cheddar Cheese (**MILK**), (Whole **MILK**, Salt, Starter Culture, Non-Animal Rennet)
Ham – for dietary requirements ONLY.	Pork (100g of Pork per 100g of finished product), Water, Salt, Modified Waxy Maize Starch, Emulsifier (E451), Antioxidant (E301), Preservative (E250)
Raisins	Raisins (99.5%), Sunflower oil
Apple	Apple
Belgian Waffle	**EGGS** (31.9%), **WHEAT** flour, **GLUTEN** rapeseed oil, sweetener: maltitol, inverted sugar syrup, **SOYA** flour, skimmed **MILK** powder, citrus fiber, salt, raising agent: disodium pyrophosphate, sodium bicarbonate, preservative: potassium sorbate, stabilizer: sorbitol, emulsifiers: **SOYA** lecithin, sodium stearoyl lactylate (E481), **WHEAT** starch, aroma. Excessive consumption may produce laxative effects.

If you have any queries about ingredients or allergens, please contact our team.